



*Incredibly
delicious*
menu



FANCY A NIBBLE OR A PECK TO EAT?

ALL DAY THE ARK BREAKFASTS

POOLE PARK PANCAKES (295 cals) £4.50

Triple stacked buttermilk pancakes with maple syrup

- Extras:
- Banana and chocolate pencils (172 cals) £1.00
 - Blueberries (24 cals) £1.00
 - Coconut (181 cals) £1.00
 - Crème fraiche (49 cals) £1.00
 - Smoked streaky bacon (116 cals) £1.00
 - Avocado (92 cals) £1.00

POOLE PARK PORRIDGE OATS (348 cals) £4.00

- Extras:
- Banana and chocolate pencils (172 cals) £1.00
 - Blueberries (24 cals) £1.00
 - Coconut (181 cals) £1.00
 - Crème fraiche (49 cals) £1.00

THE ARK BUNNY CHOW (514 cals) £5.00

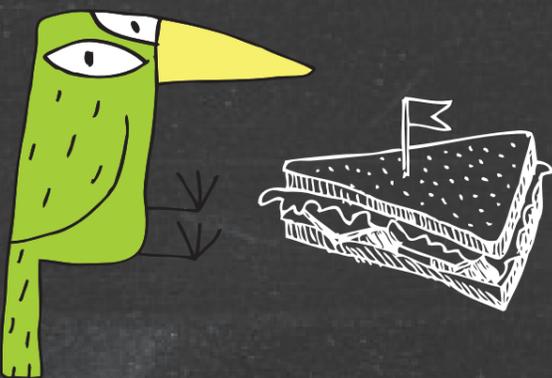
Baked beans and a free range poached egg served in a crusty bread roll

- Extras:
- Melted mature coastal cheese (172 cals) £1.00
 - Fried egg (120 cals) or poached egg (59 cals) £1.00
 - Smoked streaky bacon (116 cals) £1.00
 - Sausage (177 cals) £1.00
 - Vine tomatoes (25 cals) £1.00

BAKED BRUNCH EGGS (367 cals) £5.00

Free range eggs served with mature coastal cheese, tomatoes and spinach

- Extras:
- Fried egg (120 cals) or poached egg (59 cals) £1.00
 - Smoked streaky bacon (116 cals) £1.00
 - Sausage (177 cals) £1.00
 - Vine tomatoes (25 cals) £1.00



PANINI WITH TORTILLAS

SOMERSET BRIE AND SMOKY BACON (527 cals) £5.50

Served with cranberry jelly and winter slaw

- upgrade to skinny fries (356 cals) £2.00
- upgrade to gourmet fries (336 cals) £2.00
- or upgrade to sweet potato fries (342 cals) £2.00

DORSET COASTAL CHEESE (491 cals) £5.50

Served with Gran's chunky tomato chutney and winter slaw

- upgrade to skinny fries (356 cals) £2.00
- upgrade to gourmet fries (336 cals) £2.00
- or upgrade to sweet potato fries (342 cals) £2.00

TUNA AND TAPENADE (379 cals) £5.50

Served with spring onion, caper and lemon tapenade and winter slaw

- upgrade to skinny fries (356 cals) £2.00
- upgrade to gourmet fries (336 cals) £2.00
- or upgrade to sweet potato fries (342 cals) £2.00

PULLED PORK (595 cals) £6.50

Slow cooked pork in BBQ sauce with roasted red peppers and winter slaw

- upgrade to skinny fries (356 cals) £2.00
- upgrade to gourmet fries (336 cals) £2.00
- or upgrade to sweet potato fries (342 cals) £2.00

SOUP

SOUP OF THE DAY £5.50

Please ask for daily option. Served with sourdough bread and butter

PARK SALADS

CHICKEN AND BACON CAESAR SALAD (836 cals) £8.00

Served with Cos lettuce, toasted herb croutons and Parmesan cheese

- Extras:
- Avocado (92 cals) £1.00
 - Anchovies (32 cals) £1.00

DORSET BLUE VINNEY SALAD (806 cals) £8.00

Served with shredded carrots, beetroot, raisins, walnuts and tossed in Cornish dressing

MY FAVOURITE DISH IS A BUNNY CHOW!



JACKET POTATOES

JACKET SIMPLY WITH BUTTER (446 cals) £4.50

BUILD YOUR OWN £4.50

Served with winter slaw and side salad

- Extras:
- Cheese (375 cals) £1.00
 - Baked beans (158 cals) £1.00
 - Avocado (92 cals) £1.00
 - Tuna tapenade (113 cals) £2.00
 - Sour cream (193 cals) £1.00
 - Homemade chilli (131 cals) £2.00

BURGERS

ARK GOURMET BURGER (1094 cals) £8.50

A sourdough roll with lettuce, tomato, red onion, gherkin and burger sauce served with winter slaw and gourmet fries

- or upgrade to sweet potato fries (408 cals) £2.00

SOUTHERN FRIED CHICKEN BURGER (913 cals) £8.50

A sourdough roll with lettuce, tomato, red onion, gherkin and burger sauce served with winter slaw and gourmet fries

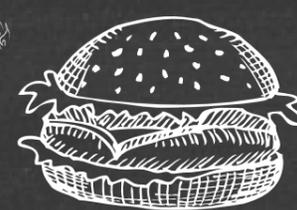
- or upgrade to sweet potato fries (408 cals) £2.00

FALAFEL BURGER (931 cal) £8.50

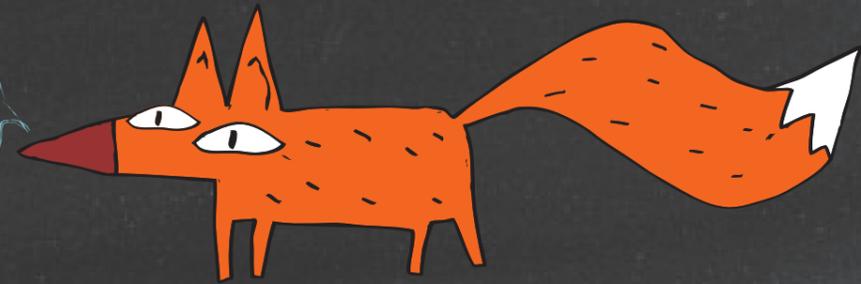
A sourdough roll with lettuce, tomato, red onion, gherkin and Gran's chutney served with winter slaw and gourmet fries

- or upgrade to sweet potato fries (408 cals) £2.00

- Extras:
- Homemade chilli (131 cals) £2.00
 - Blue cheese (205 cals) £1.50
 - Fried egg (120 cals) £1.00
 - Pulled pork (266 cals) £2.00



YUMMY! LOOKS DELICIOUS!



SOMETHING TASTY

BEER-BATTERED FISH AND CHIPS (1074 cals) £8.50

Sustainable fillet of fish, gourmet fries, tartare sauce and mushy peas

HOMEMADE MAC AND CHEESE (1072 cals) £7.50

Served with garlic bread and market salad

- Extras: Smoked streaky bacon (116 cals) £1.00

GREAT TO SHARE

ARK NACHOS (899 cals) £8.00

Nachos with refried beans, melted cheese, guacamole, tomato relish, sour cream and jalapeños

- Extras:
- Homemade chilli (131 cals) £2.00
 - Pulled pork (266 cals) £2.00

OVEN-BAKED CAMEMBERT (995 cals) £8.00

Served with sourdough roll and red onion marmalade

BITS ON THE SIDE

GOURMET FRIES (504 cals) £3.00

SWEET POTATO FRIES (513 cals) £3.00

SKINNY FRIES (534 cals) £3.00

GARLIC BREAD (180 cals) £3.00

GARLIC BREAD WITH CHEESE (273 cals) £3.50

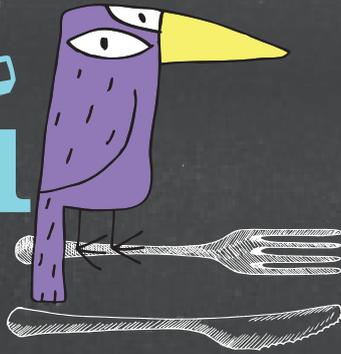
MARKET SALAD (147 cals) £3.00

DIETARY ADVICE



GLUTEN FREE BREAD AVAILABLE

MINI menu



ALL DAY BREAKFASTS

- SAUSAGE AND BEANS ON TOAST (407cals) £3.50
- POACHED EGGS, BEANS ON TOAST (353 cals) £3.50
- PANCAKES WITH MAPLE SYRUP (214 cals) £3.00

BITS ON THE SIDE

- GOURMET FRIES (504 cals) £3.00
- SWEET POTATO FRIES (513 cals) £3.00
- SKINNY FRIES (534 cals) £3.00
- GARLIC BREAD (180 cals) £3.00
- GARLIC BREAD WITH CHEESE (273 cals) £3.50
- MARKET SALAD (147 cals) £3.00

MINI MEAL

BUILD YOUR OWN MEAL BY CHOOSING ONE OPTION FROM EACH OF THE ARK BOATS!

£5.50

PLEASE INFORM STAFF IF YOUR CHILD HAS ANY ALLERGEN. WE WOULD BE HAPPY TO HELP

MAIN OPTIONS

1

- Chicken Goujons (334 cals)
- Mac and Cheese (416 cals)
- Cheese, Tomato and Spinach Muffin (330 cals)
- Small Fry Fish Fillets (320 cals)
- Mini Hot Dog (278 cals)
- Mini Burger (400 cals)

SIDE OPTIONS

2

- Fries (173 cals)
- Rice (79 cals)
- Half Jacket (121 cals)
- Mashed Potato (93 cals)
- Sweet Potato Fries (136 cals)

ONE OF YOUR FIVE A DAY

3

- Baked Beans (40 cals)
- Carrots (14 cals)
- Mixed Greens (21 cals)
- Corn on the Cob (40 cals)
- Baby Leaf Spinach (12 cals)

DESSERTS

4

- Little Stars Yoghurt (48 cals)
- Fruit Salad (41 cals)
- Jelly (64 cals)

DRINKS £1.00

- APPLE JUICE (47cals)
- ORANGE JUICE (48cals)

LUNCH BOX

£4.50

- Two Sandwiches (ham/cheese/jam)
- Crisps · Chocolate Treat
- Fromage Frais · Raisins
- Orange or Apple Juice Carton

- Lunch box with ham sandwiches (461 cals)
- Lunch box with cheese sandwiches (551 cals)
- Lunch box with jam sandwiches (487 cals)

